



We serve Halal meat Only.

We also deliver  
Order, pickup and  
deliver at:

[www.gaiaboulder.com](http://www.gaiaboulder.com)

1116 13th St, Boulder, CO 80302

[info@gaiaboulder.com](mailto:info@gaiaboulder.com)

ph: [720.456.6668](tel:720.456.6668)

PLEASE VISIT OUR LOCATION IN

DENVER

303.831.1300

[info@gaiadenver.com](mailto:info@gaiadenver.com)

Operating hrs.: 2pm – 2am

## Beverages

### FOUNTAIN DRINKS

Can	\$ 1 <sup>99</sup>
16 OZ	\$ 2 <sup>69</sup>
32 OZ	\$ 3 <sup>69</sup>
2 Litre	\$ 5 <sup>99</sup>
Mango Lassi	\$ 5 <sup>99</sup>
Spicy Tea (cold/hot)	\$ 5 <sup>99</sup>
Icecream	\$ 4 <sup>99</sup>
Vanilla milkshake with mango lassi(no milk)	\$ 7 <sup>99</sup>
Milkshakes (Choose One):Chocolate/Vanilla	\$ 6 <sup>99</sup>
/Cookie Dough/Strawberry/Green Tea	
Add On Xtras: Oreos \$ 0 <sup>99</sup> Chocolate Syrup \$0 <sup>99</sup>	
Caramel syrup \$0 <sup>99</sup> Saffron \$ 4 <sup>99</sup>	

## Side Orders

Rice	\$ 4 <sup>99</sup>
Pappad served w tamrin sauce	\$ 2 <sup>49</sup>
Yoghurt	\$ 3 <sup>99</sup>
Raita 8 oz (Yogurt with cucumber, carrot, & spices)	\$ 4 <sup>99</sup>

## Pizza (Mild, Medium, Hot, Super-Hot)

comes with dipping sauce

Add-ons: Extra Cheese \$2.99/ Extra meat \$6.99

Extra veggies: \$4.99 , Jalapeno

<b>Masala Pizza:</b>	
Made with Mozzarella cheese, masala sauce, roasted garlic and Chicken	\$ 14 <sup>99</sup>
<b>Veggie Pizza(comes w/ tikka sauce):</b>	\$ 13 <sup>99</sup>
Made with Mozzarella cheese, pizza sauce, bell peppers, mushrooms and black olives	
<b>Honey Pizza:</b>	\$ 13 <sup>99</sup>
Sweet and Salty with its combination of moz cheese, salt, olive oil and a drizzle of honey	
<b>Beef Gyro Pizza:</b>	\$ 14 <sup>99</sup>
Comes with Onion, Mushroom, Green pepper, Jalapeno, Olives, Tomatoes	

## Calzone (Mild, Medium, Hot, Super-Hot)

comes with dipping sauce

Add-ons: Extra cheese \$2.99/Extra meat \$6.99, Extra veggies  
\$4.99

<b>Veggie</b>	\$11.99
(Tomato, jalapeno, olives, bell pepper, mozzarella cheese, mushroom)	
<b>Beef lamb gyro</b>	\$12.99
(Tajiki sauce, beef lamb gyro meat, tomato, mozzarella cheese)	
<b>Tikka masala</b>	\$12.99
(Tikka sauce, chicken, mozzarella cheese)	

## Naan

Regular Naan	3 <sup>99</sup>
Garlic Naan	4 <sup>49</sup>
Honey Naan	4 <sup>99</sup>
Cheese Naan	6 <sup>49</sup>
Garlic Cheese Naan	6 <sup>99</sup>
Spicy Garlic Cheese	7 <sup>49</sup>
Vegan Roti	3 <sup>99</sup>



## Appetizers

**Vegetable Samosa 6<sup>99</sup>**  
Delicately Stuffed fried with mildly spiced potatoes & peas

**Cheese Samosa 6<sup>99</sup>**  
Delicately stuffed and fried with mozzarella cheese

**Vegetable Soup 16 oz (mild, med/hot/Super-hot) 10<sup>99</sup>**  
Seasonal vegetables cooked in coconut milk & spices

**Chicken Soup 16 oz(mild, med/hot/super-hot) 11<sup>99</sup>**  
Dried chicken cooked with special spices & herbs in coconut milk

**Dry Chilly Paneer(mild, med/hot/Super-hot)12<sup>99</sup>**  
Sautéed home made cheese in hot & spicy sauce and cooked with red dry  
chilies, bell peppers, onions, soy sauce & freshly spiced to perfection

**Chicken Chilly(mild, med/hot/Super-hot)14<sup>99</sup>**  
Pan-fried chicken with onions, bell peppers, and hot chilly sauce

**Vegetable/Vegan Momo (steamed or fried)13<sup>99</sup>**  
Small bite sized savory snack/steamed dumpling with mixed vegetables &  
spices fillings;10pcs

**Chicken Momo (steamed or fried) 15<sup>99</sup>**  
Small bite sized savory snack/steamed dumpling with chicken & spices fillings;  
10pcs

**Baba Ganoush 8<sup>99</sup> (Add Extra meat \$4.99)**  
Roasted eggplant with tahini (a paste made from sesame seeds), fresh lemon  
juice, garlic, and spices; Served with pita bread/naan

**Hummus 8<sup>99</sup> (Add Extra meat \$4.99)**  
Served with pita bread/naan.

**Falafel(3pcs) 7<sup>99</sup>**  
Chickpeas, fresh herbs, and spices that are formed into a small patties or balls;  
served with Tajiki sauce

## Mediterranean

Make it a Plate with Hummus, pita bread, Rice, salad \$ 6.99  
Add Naan Bread \$ 3.99 Extra Meat \$ 5.99 Xtra Tajiki Sauce \$ 0.99 Xtra  
Hummus \$ 1.99 Fries Only \$ 3.99 Combo with Fries & Drinks \$ 5.69  
Masala cheesy fries \$5.99 Fries \$3.99(+\$1 for curly /waffle/swt potato)

**Beef Lamb Gyro (mild/med/hot/Super-Hot) 11<sup>99</sup>**

Grilled & spiced lamb & beef on pita bread, along with lettuce,  
tomato, pickles, onion, cilantro & Tajiki sauce

**Shawarma (mild/med/hot/Super/Hot)**

Thinly sliced seasoned meat on pita bread, along with lettuce,  
tomato, pickles, onion, cilantro, tajiki sauce

Chicken 10<sup>99</sup> Lamb 12<sup>99</sup>

**Moh Sandwich (mild/med/hot/Super-Hot) 10<sup>99</sup>**

Grilled Chicken, Lettuce, Tomato, Onion, Jalapeño & Cheese  
wrapped with Texas Bread

**Falafel Sandwich 11<sup>99</sup>**

Mixture of chickpeas, fresh herbs, and spices that are formed  
into a small patties or balls, pickles and lettuce wrapped with  
tortilla

## Accompaniments

### Fried Chicken Wings

(Extra hot with Buffalo sauce/Teriyaki Sauce/ Buffalo/Thai Chili/Honey  
BBQ/Aleppo style pepper/Peri peri seasoning/ Traditional w/o  
Marianation)

Dipping Sauce: Ranch/ Blue Cheese/ Teriyaki Sauce/ Ketchup/ No Dipping  
Sauce

3pcs 4<sup>99</sup>

7pcs 10<sup>99</sup>

14pcs 19<sup>99</sup>

28pcs 36<sup>99</sup>

56pcs 78<sup>99</sup>

### Boneless Wings

(Extra hot with Buffalo sauce/Teriyaki Sauce/ Buffalo/Thai Chili/Honey  
BBQ/Aleppo style pepper/Peri peri seasoning) Dipping Sauce: Ranch/ Blue  
Cheese/ Teriyaki Sauce/ Ketchup/ No Dipping Sauce)

7pcs 6<sup>99</sup>

14pcs 14<sup>99</sup>

28pcs 24<sup>99</sup>

56pcs 46<sup>99</sup>

### Chicken Tender (served with ranch/ buffalo sauce)

Dipping Sauce: Ranch/ Blue Cheese/ Teriyaki Sauce/ Ketchup/ No Dipping  
Sauce)

3pcs 7<sup>99</sup>

6pcs 14<sup>99</sup>

12pcs 24<sup>99</sup>

### Gaia Combo \$9.99

Comes with 2 pcs of chicken tenders, fries, & choice of dipping sauce

**French Fries (Cajun/Spicy/Sichuan Pepper) 5<sup>99</sup> Large: 9<sup>99</sup>**

Curly Fries 6<sup>99</sup> Large: 10<sup>99</sup>

**Sweet Potato Fries 6<sup>99</sup> Large: 10<sup>99</sup>**

**Onion Rings 7<sup>99</sup> Large: 10<sup>99</sup>**

**Cheesy Masala Fries 9<sup>99</sup>**

(Curly +\$ 1.00/Waffle +\$1.00/Sweet Potato +\$3.00)

**Philly Masala Cheese Fries 12<sup>99</sup>**

(Curly +\$ 1.00/Waffle +\$1.00/Sweet Potato +\$3.00)

For Cheesy Masala Fries & Philly Masala Cheese Fries: Add ons: Jalapeno  
\$0.99 Pickle Jalapeno \$0.99 No Masala \$0 Extra Cheese \$1.99

**Chicken Masala Cheese Fries Large: 12<sup>99</sup>**

## Cheesesteaks (mild, Medium, Hot, Super-Hot)

Add-ons : Extra meat \$5.99, Extra Bell pepper \$1.99 extra  
mushroom \$1.99

**Tikka Masala Chicken Cheesesteak 11<sup>99</sup>**

Options: onions, lettuce, cilantro, yogurt, red onion

**Philly Cheesesteak 10<sup>99</sup>(Beef)**

(Caramelized Onion, Saracha Sauce, Mayo, 2-slice Problono Cheese)

**Veggie Jackfruit Cheesesteak 10<sup>99</sup>**

(Caramlazed cheese, 2-slices of Problono Cheese, Mayo, Grilled Bell  
Pepper, Grilled Mushroom)

**Veggie Jackfruit Tikka Masala Cheesesteak \$13<sup>99</sup>**

**Vegan Jackfruit Cheesesteak \$16<sup>99</sup>**

## Jumbo Cheesesteaks (Comes with choice of meat, lettuce, Mushroom,

Grilled Bell Peppers, Caramelized Onion, Extra Problono cheese)

**Tikka Masala Cheesesteaks 18<sup>99</sup>**

**Philly cheesesteak 18<sup>99</sup>(Beef)**

## Desserts

**Gulab Jamun 3<sup>99</sup>**

Juicy spongy balls made from milk cream in lightly scented syrup.

**Carrot Pudding 4<sup>99</sup>**

Grated carrot pudding with cream.

## Masala (Indian cuisine)

Mild, mild plus, medium plus , medium-spicy , hot, superhot

**Curry (GF)** (comes with rice)

Choice of meat or vegetables cooked in authentic Indian sauce with onions, ginger, garlic & herbs.

Vegan (DF) 16<sup>99</sup> Vegetarian 16<sup>99</sup> Chicken 18<sup>99</sup> Shrimp 19<sup>99</sup> Lamb 22<sup>99</sup>

**Tikka Masala** (comes with rice)

Simmered in homemade tomato based sauce with cream.

Vegan (DF) 16<sup>99</sup> Vegan Tofu 16<sup>99</sup> Vegetarian 16<sup>99</sup> Paneer 17<sup>99</sup> Sweet Potato 17<sup>99</sup>

Chicken 18<sup>99</sup> Shrimp 19<sup>99</sup> Lamb 22<sup>99</sup> Tofu 16<sup>99</sup>

**Butter Masala**

Simmered in homemade tomato based sauce with cream and more butter.

Chicken 18<sup>99</sup> Lamb 22<sup>99</sup>

**Saag** (comes with rice)

Chopped spinach cooked with homemade cheese, cream & seasoned with aromatic herbs.

Vegan (DF) 16<sup>99</sup> Vegan Tofu 16<sup>99</sup> Vegetarian 16<sup>99</sup> Paneer 17<sup>99</sup> Sweet Potato 17<sup>99</sup>

Chicken 18<sup>99</sup> Shrimp 19<sup>99</sup> Lamb 22<sup>99</sup> Tofu 16<sup>99</sup>

**Korma**(comes with rice)

Delicious creamy curry made with ground cashew nuts, spices and cream.

Vegan (DF) 16<sup>99</sup> Vegan Tofu 16<sup>99</sup> Vegetarian 16<sup>99</sup> Paneer 17<sup>99</sup> Sweet Potato 17<sup>99</sup>

Chicken 18<sup>99</sup> Shrimp 19<sup>99</sup> Lamb 22<sup>99</sup> Tofu 16<sup>99</sup>

**Biryani** (spicy label starting from mild plus)

Aromatic rice cooked with seasoned choice of meat or vegetables accompanied with raita.

Vegan (DF) 16<sup>99</sup> Vegan Tofu 16<sup>99</sup> Vegetarian 16<sup>99</sup> Paneer 17<sup>99</sup> Chicken 18<sup>99</sup>

Shrimp 19<sup>99</sup> Lamb 22<sup>99</sup> Tofu 16<sup>99</sup>

**Daal Tadka 16<sup>99</sup>**

Lentils, cumin Seeds, garlic, chili, curry leaves, hot oil or ghee.

## Sandwiches

Add (\$1.99 Avocado, \$ 3.99 Jalapeño, \$ 5.69 Pickles \$1.99 Grilled Mushroom \$1.99

Grilled Bell Pepper, extra meat \$5.99

**Grilled Cheese 7<sup>99</sup>**

Toasted Thick Sourdough Swiss, Cheddar or Pepper Jack Cheese (4 slices)

**Grown Up Grilled Cheese 9<sup>99</sup>**

Toasted Thick Sourdough with Avocado, Lettuce, Tomato, Onion and Turkey Bacon. Choice of  
swiss Cheddar, creamy Cheese

**Patty Melt 9<sup>99</sup>**

Toasted Thick Sourdough with Angus Beef Patty, 2 Swiss Cheese and Caramelized Onions

## Burgers comes w/ Reg. Fries except Cheese Burger

100% Grass fed ABF Hormone free Angus Beef Patties Also available: Veggie Patty \$1 / Hormone Free ABF Chicken

Bread \$1 / Emeril's Beef Patty \$1 Choices of cheese: Cheddar, Pepper Jack , Swiss , vegan cheese

Bun Choices: Brioche Bun \$0 / Gluten Free Bun \$2 / Vegan Bun \$1 /replace Bun with Lettuce Wrap \$ 1.00

Add-ons:

MEAT	VEGETARIAN		
Turkey Bacon 1 <sup>99</sup>	Cheese 0 <sup>99</sup>	Xtra vegan cheese 1 <sup>99</sup>	
Beef Lamb Gyro 3 <sup>99</sup>	Tikka Masala Sauce 0 <sup>99</sup>	Extra Vegan Patty 3 <sup>99</sup>	
Extra Beef Patty 3 <sup>99</sup>	Extra Vegetarian Pty 3 <sup>99</sup>	Xtra Arugula 0 <sup>99</sup>	
Extra Emeril's Beef Patty 3 <sup>99</sup>	Xtra Vegan Mayo 0 <sup>99</sup>	Xtra Fried Onions 0 <sup>99</sup>	
	Grilled Mushroom 1 <sup>99</sup>	Xtra Hummus 1 <sup>99</sup>	
	Teriyaki Sauce 0 <sup>99</sup>	Xtra Jalapeno 0 <sup>99</sup>	
	Xtra-vegan Tikka Masala Sauce 0 <sup>99</sup>	Xtra Lettuce 0 <sup>99</sup>	
	Xtra Lettuce 0 <sup>99</sup>	Xtra Onion 0 <sup>99</sup>	
	Xtra Sauce 0 <sup>99</sup>	Xtra Tajiki Sauce 0 <sup>99</sup>	
	Avocado 2 <sup>00</sup>		

### Cheese Burger 7<sup>99</sup>

Simple Cheese burger with a Beef patty

**All-American Burger 12<sup>99</sup>**

Lettuce, tomato, onion, pickles, cheese and mayo/Served with regular Fries

(Curly+\$0.99/Sweet Potato+\$1.00/Waffle fries+\$0.99/Onion Rings+ \$1.49)

**Beef Tikka Masala Burger(mild/med/hot) 13<sup>99</sup>**

lettuce, mint, diced red onion, diced cucumber, and tiki masala sauce. Served with

Fries(Curly+\$0.99/Sweet Potato+\$1.00/Waffle fries+\$0.99/ Onion Rings+ \$1.49)

**Chicken Tikka Masala Burger(mild/med/hot) 14<sup>99</sup>**

lettuce, mint, diced red onion, diced cucumber, and tiki masala sauce. Served with

Fries(Curly+\$0.99/Sweet Potato+\$1.00/Waffle fries+\$0.99/ Onion Rings+ \$1.49)

**Ninja Burger 13<sup>99</sup>**

Arugula, Bell Pepper Slaw made with Wasabi Ginger Mayo/Thai Chili Sauce. Served

with Fries(Curly+\$0.99/Sweet Potato+\$1.00/Waffle fries+\$0.99/Onion Rings+ \$1.49)

**Ralphie Burger 15<sup>99</sup>**

Blue Cheese Crumbles, Turkey Bacon, Lettuce, Tomato, Onion, & Creamy Buffalo

Sauce. Served with Fries(Curly+\$0.99/Sweet Potato+\$1.00/Waffle

fries+\$0.99/Onion Rings+ \$1.49)

**Fire Tikka Masala Burger \$19<sup>99</sup>(Super-hot comes with fires)**

Comes with brioche -bun, double patty , super-hot Tikka Masala sauce , jalapeno,

raw-Jalapeno Double cheese 1 slices , lettuce , fried onions

### Gaia Vegan Burger 14<sup>99</sup>

Add-ons: Ninja Vegan Burger Vegan

patty with lettuce, tomato and onion with vegan mayo on a vegan

bun. Served with Fries(Curly+\$0.99/Sweet Potato+\$1.00/Waffle fries+\$0.99/Onion

Rings+ \$1.49) comes with vegan cheese.

**Gaia Veggie Burger 14<sup>99</sup>**

Add-ons: Ninja Veggie Burger Lettuce, Tomato Slice and Onion Slices, Choice of

Cheese and Avocado Spread. Served with Fries(Curly+\$0.99/

Sweet Potato+\$1.00/Waffle fries+\$0.99/Onion Rings+ \$1.49)

**Gaia Tikka Masala Vegan Burger 15<sup>99</sup>**

Vegan patty, lettuce, mint, diced red onion, diced cucumber, tiki masala sauce, Vegan

Bun, served with regular fries, comes with vegan cheese

**Gaia Ninja Vegan Burger 14<sup>99</sup>**

Vegan patty, Arugula, Bell Pepper Slaw made with Wasabi Ginger Mayo/Thai Chili

Sauce; vegan bun; served with regular fries, comes with vegan cheese

**Gaia Tikka Mas**